COUNTY OF KENDALL, ILLINOIS
Health & Environment Committee
County Office Building
County Board Rooms 209-210
Yorkville IL 60560

Monday, June 15, 2015 at 9:00a.m.

AGENDA

1. Call to Order
2. Roll Call
3. Approval of Agenda
4. Approval of Minutes from April 20, 2015
5. Status Reports
   - Health Department
   - Soil & Water
   - Water Related Groups
   - Other Reports
6. Old Business
7. New Business
8. Public Comment
9. Questions from the Media
10. Action Items
11. Executive Session
12. Adjournment
KENDALL COUNTY ILLINOIS
Health & Environment Committee
County Office Building, County Board Room 209-210
111 W. Fox Street, Yorkville
Monday, April 20, 2015
Meeting Minutes

CALL TO ORDER
The meeting was called to order by Chair Judy Gilmour at 9:00 a.m.

ROLL CALL
Committee Members Present: Judy Gilmour – here, Dan Koukol – here, Matthew Prochaska – here, John Purcell (arrived at 9:02a.m.)

Committee Members Absent: Elizabeth Flowers

Others Present: Megan Andrews, KC Soil & Water, Dr. Amaal Tokars, Executive Director, Kendall County Health Department, Angela Zubko, Planning, Building & Zoning Department

APPROVAL OF MEETING MINUTES – Member Koukol made a motion to approve the March 16, 2015 meeting minutes, second by Member Prochaska. With all in agreement, the motion passed.

STATUS REPORTS

☐ Human Resources: Update on Health-Related Services and Benefits available to County Employees – Glenn Campos reviewed the benefit information available to county employees through the county website, and the vendor online link. Mr. Campos receives information from the ComPsych representative or website, from the CBIZ website, and from the BCBSIL website. Mr. Campos stated that his focus is on simply to beat into employees the concept of wellness, because it can take 3-5 years to see results that can be materialized into a cost benefit. Mr. Campos stated he is also updating the employee website with information available including exercise, headache triggers, food tips, and substance abuse prevention. This is just one way of beating it into employees, and a matter of people catching on.

☐ Soil & Water – Megan Andrews reviewed a resource packet which included information on National Rain Barrel Month. Barrels are available for purchase through KC Soil & Water, and Kendall County Conservation Foundation.

Ms. Andrews provided information on the Used Oil Drop Off is scheduled for Saturday, June 20, 2015 at the GrainCo FS office on Route 47 in Yorkville from
8:00-11:00 a.m. They will be accepting used oil, antifreeze and oil filters. They can make arrangements for special pick-up if someone has oil in excess of 100 gallons, by calling their office.

Ms. Andrews also reviewed the U.S. Drought Monitor, and an article by NOAA. Ms. Andrews stated that the County had 9/10ths inch of rain this weekend which helped, but said the County is not currently experiencing any dry conditions.

Ms. Andrews reported that Jenny Wold, the Education Coordinator is doing the last lesson of the school year on Soil Exploration, a treasure hunt in soil.

The Natural Resources Tour is scheduled for May 7, 8, 14, and 15 from 9:00 a.m. to 2:00 p.m. each day at Hoover Forest Preserve. There are six-nine stations that students can visit. The Health Department personnel also host stations in this event.

The annual Farm Camp for children 3rd through 5th grades on June 23, 2015 who will be working with Farm Bureau Young Leaders at Kellogg Farms in Yorkville.

Ms. Andrews has held a series of workshops in March on ponds, drainage, soil erosion sediment workshops.

And finally Ms. Andrews reported they have finished Fish Sale and gearing up for Tree Sale. Ms. Andrews reported there has been an increase in both sales this year.

☐ Water Related Groups – Ms. Zubko reported on the Big Rock Creek Watershed meeting held

NWPA – CMAP no longer receiving federal funding, and will not be involved in

☐ Health Department – Dr. Tokars reported that they had 6 hours of training with the Kendall County Sheriff’s office, Oswego Police officers, and Oswego Fire Personnel on behavior health issues, first responders personal health care, and ???????

☐ Other Reports

OLD BUSINESS – None

NEW BUSISNESS - None

PUBLIC COMMENT – None

ACTION ITEMS - None

Kendall County Health & Environment Committee Minutes April 20, 2015
EXECUTIVE SESSION – None Needed

ADJOURNMENT- Member Prochaska made a motion to adjourn the meeting, Member Purcell seconded the motion. **With all in agreement, the meeting was adjourned at 9:36 a.m.**

Respectfully Submitted,

Valarie McClain
Administrative Assistant/Recording Secretary
Prominent Findings
Local Public Health System Assessment (LPHSA)
Feb. 20th, 2015

LPHSA Purpose: Measures the capacity of the local public health system to conduct essential public health services.

Salient themes across all focus groups:

Strengths:

- The Kendall County public health system has strong community partnerships, coalitions and organizations that all work together toward common goals and share plans for planning, decision making and responses.
- Community health education occurs throughout Kendall County through meaningful partnerships.
- Waubonsee Community College, internships availabilities, and seminars series offer effective workforce development occurring throughout county.

Opportunities:

- The Kendall County public health system needs to engage young adults (18-30) in health and well-being activities.
- The Kendall County public health system needs to share health informatics (data) amongst providers, make assessments more known, and have the ability to layer data within the county, state and at the national level.
- Community education is occurring, but is it effective and meeting the needs of the county residents? Are we targeting the right audience?
- The Kendall County Health Department would like to employ leadership on research methods that produce effective health outcomes in county residents.

Areas of interest: Diabetes Education, Development of County-Wide PIO group, Awareness of messaging systems for all residents of Kendall County and share list of laboratory locations and their services.
USED OIL DROP OFF

WHEN:
SATURDAY, JUNE 20, 2015
8AM TO 11AM

WHERE:
GRAINCO FS
8115 STATE ROUTE 47, YORKVILLE

ACCEPTING:
USED OIL, ANTIFREEZE & OIL FILTERS

Do you have more than 150 gallons of used oil?

Contact the Kendall County SWCD office at (630)553-5821 x3 to make special arrangements.

Special Note:
We are not able to accept containers used to transport the oil or antifreeze.
June 9, 2015
(Released Thursday, Jun. 11, 2015)
Valid 8 a.m. EDT

Drought Impact Types:

- Delineates dominant impacts
- S = Short-Term, typically less than 6 months (e.g. agriculture, grasslands)
- L = Long-Term, typically greater than 6 months (e.g. hydrology, ecology)

Intensity:

- D0 Abnormally Dry
- D1 Moderate Drought
- D2 Severe Drought
- D3 Extreme Drought
- D4 Exceptional Drought

The Drought Monitor focuses on broad-scale conditions. Local conditions may vary. See accompanying text summary for forecast statements.

http://droughtmonitor.unl.edu/
June 9, 2015
(Released Thursday, Jun. 11, 2015)
Valid 8 a.m. EDT

Drought Conditions (Percent Area)

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Author:
David Miskus
NOAA/NWS/NCEP/CPC

http://droughtmonitor.unl.edu/
Jenny Wold  
Education Coordinator  
Kendall County SWCD

Agriculture and Natural Resource Literacy Program  
2014-2015 School Year

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**Totals**  
|       |       |       | 369 | 9157 | 369 |

Highlights

- Two new lessons were created and offered through Ag in the Classroom. These lessons were entitled “Source Sort” and “Soil Exploration.” In the “Source Sort” lesson, students were given food, clothing, and household items and asked to sort them into one of 4 categories based on where they originated. The categories included natural resources, farm, store, or factory. The overall message of this lesson was that everything starts out on either a farm (or backyard garden) or as a natural resource.

In the “Soil Exploration” lesson, students were able to discover the ingredients that make up soil through a hands-on investigation.

- Jen Rusin, 2nd grade teacher at Homestead Elementary in the Community School District 308, was selected as the 2015 Teacher of the Year and presented with her plaque in her classroom.
Over 200 students from around the county participated in 2 poster contests held through the program.

Two teachers in the county received container gardening kits as part of a grant through Illinois Ag in the Classroom.

Donated Ag-themed book to all 2nd grades enrolled in Ag in the Classroom program.

In coordination with FB Young Leaders, Dan Reedy and Matt Kellogg; planned, advertised, and will host Farm and Safety Camp. Approximately 30 students attended.

Approximately 850 students from 6 schools participated in the 8th Annual Natural Resource Tour held at Hoover Forest Preserve.

**Lending Library Usage**
This past year, several school districts utilized the lending library maintained by this program. A variety of materials were borrowed including Ag Mags, Curriculum kits, books, videos, DVDs, and games.

**Supporting Organizations/Funding**
- Kendall County Board
- NE Groundwater Committee
- Kendall County Pork Producers
- Kendall County Beef Producers
- Kendall County Corn Growers
- Kendall County Farm Bureau Young Leaders
- Kendall County Farm Bureau Foundation
- Land O’Lakes

**Teacher Workshops/In-services**
**Summer Agriculture Institute, Part 2**
For the first time, we were able to host a “part 2” of our Summer Agriculture Institute. During this graduate course, teachers spent a great deal of their time learning about food, plant, and animal science as well as agricultural marketing. Tour stops included Fair Oaks Dairy and Pig Adventure, a mint farm, Slagel farms, Allen Brother’s Meats, Woldhuis Nursery, InterGlobe Genetics, and Kilgis Dairy.
*Attendance: 23*

**Health and Nutrition Presentation, North Central**
This workshop is intended to introduce future Health and Physical Education teachers to the Ag in the Classroom program and the materials and curriculum available through it that are applicable in the areas of health and nutrition. This presentation was conducted in the Fall.
*Attendance: 30*
Jenny Wold  
Education Coordinator  
Kendall County SWCD

Get Growing in the Classroom  
Teacher workshop to provided teachers with ideas, resources, and curriculum that they could utilize to teach about plants in their classrooms.
Attendance: 8

Special Events & Contests  
Grundy Co. Natural Resource Tour  
Agriculture-themed Poster Contest  
Conservation-themed Poster Contest  
Ag Week Book Donation  
LUC III Envirothon (Newark had two teams)  
Natural Resource Tour (850 4th-5th grade students attended from 6 schools)  
Planned & coordinated this 4 day event  
Kendall County Fair (Approximately 500 county residents expected to be impacted)

Students exploring samples of soil to find key ingredients such as sand, silt, clay, organic material, rocks, worms, insects, etc.

Students from Parkview Christian posting with the book they received as part of the year's agriculture-themed book donation.
It's Rain Barrel Season!

Rain barrels are the perfect way to capture rainwater and make it last through the drier months.

The Conservation Foundation sells 55-gallon rain barrels that are made of recycled food grade plastic and come equipped with a threaded spigot, overflow, and a screw-off lid fitted with a screen to keep out bugs and debris.

Our rain barrels are now available for purchase online at a significant discount.

**COST**

Online: $60 (plus tax)

[www.thecconservationfoundation.org/rain barrels](http://www.thecconservationfoundation.org/rain barrels)

Pick Up: $75

at McDonald Farm, Naperville

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Green LEED Buildings & Design

Presented by:

Lori Vit-Sale, AIA, LEED Fellow
Senior VP & Chief Sustainability Officer,
Wight & Company, Inc.

Editor, The Conservation Foundation

SPRING MEMBERSHIP & AWARDS LUNCHEON

REGISTERATION ENCLOSED

Thursday, June 5th, 2014
11:30 am to 2:00 pm
Seven Bridges Clubhouse
1 Mulligan Drive
Woodridge, IL 60517

Sponsored By: Wight & Company
AGENDA

Thursday, June 4th, 2015

11:30 a.m. Registration

Noon Lunch Served

12:30 p.m. Welcome and Introductions

Awards/Recognitions

1:00 p.m. Program

1:45 p.m. Questions/Discussion

The featured speaker will be our very own Trustee Lois Viti-Sala, Senior Vice President and Chief Sustainability Officer at Wight & Company. Lois is an internationally known expert on green building and sustainable design. At The Conservation Foundation, we work to preserve the region’s prairies, rivers and forests, but we can’t ignore the other spaces, the ones occupied by buildings and roadways. How can they contribute to a higher quality of life, lower production of greenhouse gas emissions and lower care and operating costs?

The LEED Green Building Rating System is the standard of care for green buildings, and in 2010 Illinois was number one in the nation for new LEED certifications per square foot, per capita. Lois will share examples of LEED certified buildings and share with you how they can contribute to a better environment. We need to continue safeguarding our natural areas, but we also need to make sure our built acres are populated with good green buildings.

We will also be presenting Paul D. Pierotti Memorial Scholarships, honoring the 100th Anniversary of the Forest Preserve District of DuPage County, and raffling off a rain barrel thanks to Bedrock Earthscapes. Join us!

Directions:
The Seven Bridges Golf Club is located at 1 Mulligan Drive in Woodridge, Mulligan Drive and the Clubhouse are on the west side of Route 53, south of Maple Ave., and north of Hobson Rd.

Visit www.sevenbridges.com/directions for maps and more specific information.

Register online at www.theconservationfoundation.org.

Name(s):

Organization Name:

Address:

Phone:

Email:

Check if vegetarian meal is desired: □

COST:

$250 Member Organization

$350 Non-Member Organization

(includes one-year membership)

AMOUNT ENCLOSED:

PRE-PAYMENT IS REQUIRED.

Credit Card Payment: We accept Visa, MC and AMEX.

Expiry Date:

Cardholder's Name:

RESERVATIONS ARE NON-REFUNDABLE.

Mail to: The Conservation Foundation

1058-84 Knoch Knolls Road

Naperville, IL 60563

Phone: 630-428-5011 Fax: 630-238-6369

Email: thompson@theconservationfoundation.org
ERGONOMICS
Increase Productivity and Accelerate Health and Safety Excellence

Learn to make simple and effective human performance improvements in the workplace with hands-on problem solving methods that will help you recognize, evaluate, and control ergonomic risk.

- Implications of poor movement patterns
- Common Back Disorders
- OSHA Risk Factors (varies depending on group)
  - Repetition
  - Forceful Exertion
  - Awkward Postures
  - Contact Stress
  - Vibration
- Basic Anatomy of the Back, focus on the lumbar disc
- Lifestyle factors and risk of injury
- Proper Posture (neutral spine)
- Proper body Mechanics and lifting technique
- Postural reversal exercises
- Work station modifications in the office environment

**When and Where:**
**Thursday, June 25, 2015**

1pm to 2:15pm  
Historic Courthouse  
1st Floor Conference Room

2:45pm to 4:00pm  
County Courthouse Building  
Jury Assembly Room