AGENDA

1. Call to Order and Roll Call

2. Presentation of Senior Tax Levy Grant Applications

   1:30p.m. CNN/Meals on Wheels – Louise Maritato
   1:45p.m. KC Health Department – Dr. Amaal Tokars & Staff
   2:00p.m. Fox Valley Older Adult Services – Patty Steffen
   2:15p.m. Community Meals for Seniors – Les Ries
   3:00p.m. Oswego Senior Center – Sandy Pastore
   3:15p.m. Senior Services Association – Bette Schoenholtz
   3:30p.m. Prairie State Legal Services – Kathleen Finn
   3:45p.m. VNA Health Care – Chrissie Howarth

3. Other Items of Business

4. Action Items for County Board

5. Public Comment

6. Executive Session

7. Adjournment
### Kendall County Office Building; County Board Room 210

#### Kendall County Budget & Finance Committee

**Senior Tax Levy Presentation Schedule**

**Thursday, April 6, 2017 ~ 1:00 p.m.**

<table>
<thead>
<tr>
<th>Presentation Time</th>
<th>Presenter(s)/Organization</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:30 p.m.</td>
<td>Louise Maritato – Community Nutrition Network – KC Meals on Wheels</td>
</tr>
<tr>
<td>1:45 p.m.</td>
<td>Amaal Tokars – KC Health Department</td>
</tr>
<tr>
<td>2:00 p.m.</td>
<td>Patty Steffen – Fox Valley Older Adult Services</td>
</tr>
<tr>
<td>2:15 p.m.</td>
<td>Les Ries – Community Meals for Seniors</td>
</tr>
<tr>
<td>3:00 p.m.</td>
<td>Sandy Pastore – Oswego Senior Center</td>
</tr>
<tr>
<td>3:15 p.m.</td>
<td>Bette Schoenholtz – Senior Services</td>
</tr>
<tr>
<td>3:30 p.m.</td>
<td>Kathleen Finn – Prairie State Legal Services</td>
</tr>
<tr>
<td>3:45 p.m.</td>
<td>Chrissy Howarth – VNA Visiting Nurse Association</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name</th>
<th>2015 Requested/Granted</th>
<th>2016 Requested/Granted</th>
<th>2017 Requested</th>
<th>2017 Granted</th>
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</thead>
<tbody>
<tr>
<td>Community Meals for Seniors</td>
<td>Did not apply this year</td>
<td>Did not apply this year</td>
<td>$3,000</td>
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<tr>
<td>Community Nutrition Network</td>
<td>$30,000/$16,797</td>
<td>$30,000/$20,274</td>
<td>$30,000</td>
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<tr>
<td>FV Family YMCA</td>
<td>$7,000/$1,018</td>
<td>Did not apply this year</td>
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<tr>
<td>FV Older Adult Services</td>
<td>$60,000/$55,226</td>
<td>$60,000/$58,703</td>
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<td>KC Health Department</td>
<td>$59,178/$59,178</td>
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<td>Oswegoland Seniors, Inc.</td>
<td>$41,800/$39,749</td>
<td>$46,044/$43,226</td>
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<td>Prairie State Legal Service</td>
<td>$8,500/$7,126</td>
<td>$8,500/$8,500</td>
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<td>Senior Services Associates, Inc.</td>
<td>$124,880/$121,142</td>
<td>$138,581/$124,619</td>
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<td>VNA Health Care</td>
<td>$15,000/$8,144</td>
<td>$10,000/$10,000</td>
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<td><strong>TOTALS</strong></td>
<td>$346,358/$308,380</td>
<td>$352,303/$324,500</td>
<td>$356,927</td>
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**FY17 Budgeted Amount** $324,500  
**FY17 Requested** $356,927  
**Funding Difference of** $32,427
ELDERCARE SERVICES

- **Comprehensive Psychosocial Assessment**
  Identifies client strengths/areas of concern.

- **Counseling**
  Helps seniors address challenges that often accompany aging.

- **Case Management**
  Identifying resources/coordinating services to reduce stressors and maintain independence.

- **Outreach Case Management**
  Serving homebound seniors with counseling and support, decreasing isolation and providing linkage to other home services.

- **Community Education**

- **Community Collaborations**
Community Collaboration

Our partners include:

- Home health care agencies, local police, clergy, physicians, and senior housing facilities (i.e., Rose Terrace, Newark Senior Apartments, Kendall Drive Apartments)
- Veterans Assistance Commission
- Kane/Kendall Workforce Development
- Illinois Department on Aging
- Fox Valley Older Adults Services
- Visiting Nurses Association (V.N.A.)
- Northeastern Illinois Area Agency on Aging
- Provena Mercy Hospital
- Rush Copley Hospital
- Prairie State Legal Services
- Kendall County Triad
- Salvation Army Golden Diners
- Community Nutrition Network (CNN)
- The Alzheimer's Association
- University of Illinois Extension
- Valley West Hospital
- Senior Services Association
- Oswego Senior Center
- Kendall County Health Department's Community Health, Mental Health, Community Action and Environmental Health Services programs

April 1, 2017
Programs
FVOAS provides weekly Active Adult programs to provide participants with opportunities to spend time maintaining friendships or making new ones as they engage in a variety of fun activities. This helps to avoid isolation and unnecessary nursing home placement.

Programs include:
- Bingo
- Woodcarving
- Crafts
- Bible Study
- Men’s Breakfast
- Line Dancing
- Computer Lab
- Wii Bowling
- Group Exercise
- Needle Crafts
- Bridge / Canasta
- Hand & Foot
- Painting
- Dominoes

About Us
Fox Valley Older Adult Services (FVOAS) was established in 1972. Within our Community Center in Sandwich, we operate an Adult Day Service, provide Home Services, hot lunches, social and informational programs and many other services for seniors in DeKalb, Kendall, LaSalle and Bureau counties. One of our primary goals is to help seniors remain in their own homes. We provide transportation and a daily meal through our partnership with Voluntary Action Center (VAC).

The mission of Fox Valley Older Adult Services, a non-profit senior services agency is to:
- Provide Programs and services
- Improve and enrich vital, independent living
- Enhance dignity and self-respect
- Encourage participation in community life.

An extra special thank you to all of our sponsors, donors and volunteers. We are able to continue our mission of enabling Seniors to live Independently because of their support.

To find out more about our organization and how you can help us in our vital mission, please contact us at (815) 786-9404 or visit our web site at www.fvoas.org.

Sandwich Senior Center & Adult Day Service
1406 Suydam Road
Sandwich, IL 60548
Tel. (815) 786-9404

Home Services
Tel. (815)570-2531

www.fvoas.org

Services to older adults and their younger friends since 1972!
Day Service/Home Services

Today's families face many challenges as they strive to juggle children, work, home and, in many cases, the responsibilities for aging parents.

Adult Day Service / Respite Care is a service that can provide families/caregivers with peace of mind and the ability to continue to work or run errands by knowing that their loved ones are being cared for by a reliable, trained staff.

Adult Day Service provides social, physical and mental stimulation in a family oriented setting with meals and activities provided during the day. We offer Adult Day Service / Respite Care at our facility in Sandwich.

Home Services are also an integral part of the services we offer to our clients to assist them to continue to live independently in their own homes. We offer Home Services in DeKalb, Kane, Kendall, LaSalle and Bureau Counties.

Home Care Aides assist with tasks such as laundry, vacuuming and cleaning that can become difficult to perform as people grow older. The aides also assist by running errands, taking the client out shopping or helping with meal preparation and companionship.

For more information about Home Services, please call (815) 570-2531.

Lunch / Transportation

Our senior center located in Sandwich offers a hot lunch program Monday through Friday. These lunches are made possible through our partnership with the Voluntary Action Center (VAC).

Seniors are invited to join us for these tasty and lovingly prepared meals that allow them to enjoy a nutritious meal while enjoying good conversation and laughter with friends and peers. Monthly menus are posted on our website www.fvoas.org.

FVOAS/VAC's Transportation Program is essential for area residents who no longer have the ability to drive themselves and have no accessible means of transportation available to them to and from the senior center, medical appointments, shopping, etc. This program helps them to maintain their independence and allows them to safely go about the business of their lives. We are available for service from 8:00 a.m. to 4:00 p.m., Monday through Friday.

You need to call at least 24 hours prior to your appointment time. Your call is important to us and we will work with you to accommodate your particular needs.

You may schedule your ride by calling (815)786-9404.
Peace Of Mind

Today's families face many challenges as they strive to juggle children, work, home and, in many cases, the responsibilities for aging parents. We can help you keep loved ones at home, where they want to be, while enabling you to retain balance in your life.

Our Home Service Aides provide families/caregivers peace of mind and the ability to continue working and caring for family and home knowing their loved one is receiving personal care by trained staff.

Our Aides assist with social, physical and mental needs within the comfort and security of the clients own home.

All Aides are extensively screened, background checked, finger printed and receive 24 hours of mandatory pre-service training.

We offer a professional and compassionate level of person-centered care for adults who need as little as 2 hours of assistance a week to 24/7 care.

Our offices are open Monday through Friday from 8 a.m. to 4 p.m.
Call us for more information and a personal assessment.
815-570-2531

About Us

Fox Valley Older Adult Services (FVOAS) was established in 1972. We operate our Home Services Department out of our Community Center in Sandwich, IL. One of our primary goals is to help seniors to remain living in their own homes. At our Center we also provide Active Adult Programs and Adult Day Service. Transportation and daily meals are also provided in partnership with Voluntary Action Center (VAC).

The mission of Fox Valley Older Adult Services, a non-profit senior services Agency, is to:
- Provide Programs and services
- Improve and enrich vital, independent living
- Enhance dignity and self-respect
- Encourage participation in community life.

An extra special thank you to all of our sponsors, donors and volunteers.
We are able to continue our mission of enabling Seniors to live independently because of their support.

To find out more about our organization or how you can help us in our vital mission, please contact us at our main number—815-786-9404.
Or visit our website at www.fvoas.org

Serving seniors and their families in DeKalb, Kane, Kendall, LaSalle and Bureau Counties.

Fox Valley
Older Adult Services

Home Services Department
1406 Suydam Road
Sandwich, IL 60548
815-570-2531
Fax: 815-786-2696
rzwart@fvoas.org
Web: www.fvoas.org
Call Us—We Can Help!

✦ If you, a relative or a friend need help with light housekeeping or errands
✦ If you work or need a break from 24/7 caregiving
✦ If you are considering nursing home placement or full-time home care

This program is supported by the State of Illinois, participants and generous donors.

Services

✦ Shopping/Errands/Appointments
✦ Person-Centered Planning
✦ Meal Preparation and Assistance
✦ Laundry/Light Housekeeping
✦ Personal Grooming Assistance
✦ Companionship
✦ Respite Care
✦ 7 days a week, 24/7 service available

Our Programs

✦ Private Home Services—IDPH
✦ Community Care Program—IDOA
✦ Department of Human Services—DHS
✦ Veterans Administration—VA

Who We Serve
We offer assistance to a diverse group of individuals who may experience one or more of the following:

✦ Partial Dependence on Others
✦ Poor Nutrition
✦ Social Isolation
✦ Physical or Mental Impairment
✦ Inability to totally manage personal care

Fox Valley Older Adult Services
Home Services Department
1406 Suydam Road
Sandwich, IL 60548
815 - 570 - 2531

Fox Valley Older Adult Services does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitution. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For Information, call 1-800-252-6666 (Voice & TDD).

Call Us Today!
815-570-2531
Peace Of Mind

Today’s families face many challenges as they strive to juggle children, work, home and, in many cases, the responsibilities for aging parents. We can help you keep loved ones at home, where they want to be, while enabling you to maintain balance in your life.

Adult Day Service/Respite Care is a service providing families and caregivers with peace of mind and the ability to continue working and caring for family, knowing their parents are receiving loving care by a trained staff.

Adult Day Service provides social, physical and mental stimulation in a family oriented setting with meals and activities provided during the day.

We offer a professional and compassionate level of community based care for adults who are challenged (dementia, early Alzheimer’s, physically, etc.) or who are socially isolated.

Our guests spend time with us giving their caregivers the freedom to work, shop or attend to other personal and professional obligations.

About Us

Fox Valley Older Adult Services (FVOAS) was established in 1972. We operate an Adult Day Service Center in Sandwich, provide hot lunches and social and informational programs for seniors in DeKalb, LaSalle, Bureau, Kane and Kendall counties. One of our primary goals is to help seniors remain in their own home. We also provide transportation for seniors and the general public to our Community Center, doctor appointments, hospitals for dialysis, shopping and other necessities. Transportation and meals are provided in partnership with Voluntary Action Center (VAC).

The mission of Fox Valley Older Adult Services, a non-profit senior services Agency, is to:

- Provide Programs and services
- Improve and enrich vital, independent living
- Enhance dignity and self-respect
- Encourage participation in community life.

An extra special thank you to all of our sponsors, donors and volunteers. We are able to continue our mission of enabling Seniors to live Independently because of their support.

To find out more about our organization and how you can help us in our vital mission, please contact us at (815) 786-9404. Or visit our website at www.fvoas.org

Serving seniors and their families in DeKalb, Kane, Kendall and LaSalle Counties since 1972!

Fox Valley Community Center
1406 Suydam Road
Sandwich, IL 60548
Tel. (815)786-9404
Fax: (815)786-2896
Web: www.fvoas.org
Call Us—We Can Help!

- If you have a relative or friend who needs supervision or needs to socialize with others
- If you work or need a break from 24/7 caregiving.
- If you are considering nursing home placement or full-time home health care.

Sandwich Adult Day Service
Fox Valley Older Adult Services

Fox Valley Community Center
1406 Suydam Road
Sandwich, IL 60548
Tel. (815)786-9404
berickson@fvoas.org

Programs & Services

- Person Centered Planning
- Registered Nurse
- Certified Nursing Assistants
- Assistance With Activities Of Daily Living
- Recreational Activities
- Nutritional Meals And Snacks
- Structured Exercise Program
- Administer Medication
- Caregiver Education/Respite Care
- Private Home Services
- Veterans Administration — VA
- Community Care Program— IDOA
- Department of Human Services — DHS

Who We Serve

We offer assistance to a diverse group of individuals. The adult day program can provide care for adults who may experience one or more of the following:

- Partial Or Total Dependence On Others
- Poor Nutrition
- Social Isolation
- Physical Or Mental Impairment
- Inability To Manage Personal Care
- Dementia
- Alzheimer’s
- Diabetic Management
- Chronic Illness

Fox Valley Older Adult Services does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act, the U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, the Age Discrimination in Employment Act, and the U.S. and Illinois Constitution. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information, call 1-800-282-9998 (Voice & TDD).

Call Us Today!
815-786-9404
One of the best kept secrets in Sandwich, our spacious, elegant hall is available for your next big event.

Located just across from the historic Sandwich Fairgrounds and next to Edgebrook Country Club, the Fox Valley Community Center is the ideal setting for receptions, reunions, parties, business dinners, and so much more.

Our affordable pricing allows you to truly plan your day, your way. Our event planner will work with you to help ensure the success of your event.

Schedule an appointment for a tour today and book your next event with us!

Call Becky at 815-786-9404

Fox Valley Community Center
1406 Suydam Road
Sandwich, IL 60548
Phone: (815) 786-9404
Fax: (815) 786-2666
E-mail: fvoasblueken@outlook.com
Website: www.fvoas.org
Fox Valley Community Center

- Seats up to 200 with a dance floor
- Use of your own caterer
- Professional kitchen
- Professional bar service available
- Buffet room adjacent to main hall
- Room for band or DJ
- Set-up and take down done for you
- Decorating time included
- Internet connectivity
- Ample paved parking
- Separate spacious coatroom

Community Hall
97 1/2 x 44'

Kitchen
Buffet Room
Past Flow of Aging Resources

1-15 years

Meals, bingo ➔ Homemaker, HDM's ➔ Nursing home

Begin Retirement ➔ Death
Age 65

Ideal Flow of Community Aging Resources for Current Aging Population

0-40 years

Post-school (Senior Center): Volunteer opportunities. Education, Recreation, Exercise, Nutrition classes and groups. Travel, Trips, and Culture, along with opportunities for socialization through meals, cards and games.

Meeting developmental needs of generativity and ego integrity as well as redefining identity in retirement

Volunteerism ➔ Health Event, Rehab, Community Rehab, return to center—health and exercise classes

Need for engagement, In-home assessment and training/coaching to work within new limitations.

Health Event, Rehab, Short-term Homemaker, HDM's, Community Rehab, return to center ➔ Move to Assisted Living

Health Event leads to: Long Term Care, Palliative Care, Hospice, Death

Begin Retirement ➔ Death
Age 62-72
Age 84-105+

Developed by: Sandra Pastore, MSW, Oswego Senior Center
Oswego Senior Center

The Oswego Senior Center, located in Oswego, Illinois, is a community center serving the needs and desires of seniors living in the community. Oswego Senior Center is the operating name of Oswegoland Senior Citizens, Inc., the 501c3. Last year, we served over 1,500 seniors ages 55-101, spanning five decades of individuals and generations of family, friends and community. 199 individuals ages 10-90 provided over 17,000 hours of volunteer service; creating volunteer opportunities for 9 decades of community members to work together in community service.

Funding

Oswego Senior Center is funded by Northeastern Illinois Area Agency on Aging, Kendall County Senior Tax Levy, Village of Oswego, Oswego Township, participant contributions, donations, philanthropy, sponsorships and fundraisers.

OSC Mission Statement

To promote the general wellbeing of the Oswegoland Senior Community by honoring and serving our Seniors while providing an environment that improves quality of life and extends independent living.
Dear Community,

The Oswego Senior Center started as a Village of Oswego Senior Commission in 2001, then as a lunch program in 2007-2009 in the Good Shepard Church basement. Then in 2009, The Village of Oswego, SD308, and Oswego Township came together to utilize a retired school building as a community center, housing the Oswego Senior Center, YMCA and Opportunity School. A progressive community and facility use idea.

Since then, we have gone from a twice a week meal program serving 400 people a year to 1,584 unduplicated individuals in the last year for 29,322 interactions or units of service. We do so by providing Nutrition- Monday lunch, Tuesday breakfast, Thursday lunch; Education- technology, financial, caregiver, health, nutrition, lifestyle, sign language; Exercise- Tai Chi, Gentle Yoga, Line Dancing, Chair Exercise; Recreation- Bean Bag Baseball, Cooking Classes, cards, Mahjong, bingo, Bags; Creativity: Ceramics, Woodshop, Woodcarving, Knitting and Crocheting; Health screens to keep on top of health concerns; Transportation to and from the center and shopping; VITTA- Volunteer Income Tax; Travel; Medical Equipment Lending; Senior Health Insurance Program Medicare Counseling; and Special Events like the Hoe down, ladies luncheon, fashion show, Culinary Expo, and Valentine’s Dinner Dance. We are funded by Northeastern IL Agency on Aging, Kendall County Senior Tax Levy, Village of Oswego, Oswego Township, donations, sponsorships, philanthropy, fundraisers, and project income.

At the Oswego Senior Center, we seek community connection. We are looking to bring people together. All of our lives we are socialized- whether we want to or not- through school and work; then we are set adrift from the mandatory socialization through retirement. But socialization brings connection and with that purpose, will and vitality, which is necessary for what could very well be the long haul of the golden years.

With life expectancy on the rise, seniors are becoming the new mass population as individuals are living 10-40 years after retirement. However, with rising costs each year and depleted assets, a fixed income is not a senior stereotype – it’s a reality. The average Social Security Benefit is $1,361 or just over $16,000 year gross; of that they get around $1,240 to pay for groceries, medications, doctor bills, transportation, housing, utilities, all types of insurance, taxes, and other odds and ends. Here in Kendall County we have many seniors living in the margins, too much money to meet the poverty levels to qualify for meaningful benefits, but too little money to meet the fiscal demands of aging and living in Kendall County. This is why we do things for free or a suggested or minimal donation- we want to reduce the barrier to participation in order to reduce isolation.

We have something for everyone. We have lots of great events planned for 2017 that need volunteers and sponsors. Please stop by and say hello!

Sincerely,

Sandra Pastore, MSW
Executive Director
FY16 Budget

Revenue
North Eastern Illinois Area Agency on Aging, $77,067
Kendall County Senior Tax Levy, $43,226
Village of Oswego, $40,000
Oswego Township, $10,000
Participant Contributions, $44,631
Donations, $22,720
Fundraisers: $54,164

Expenditures
Salaries: $112,150
Program Costs: $122,566
Operating Costs: $57,092

Total: $291,808
In-kind Volunteer Hours: $158,859

2016 Tree Level Sponsors

Oak Tree Level: $3,000
The Grove

Maple Tree Level: $1,000
Asbury Gardens
Alden of Waterford
Bridgeview Bank
Hillside Rehab and Care
Law Elder Law
Symphony at the Tiller’s

Elm Tree Level: $500
Heritage Woods of Yorkville

Dogwood Tree Level: $250
A Place for Mom

Gift
Rush-Copley Medical Center
$2,500

Step-Up
From Individuals supporting our 2016 Step-Up Donation Drive
$16,142.77 (January 2016-December 2016)

Culver’s
$833 raised through a one-day fundraiser
Volunteer: In-Kind Service

November 1, 2015-October 31, 2016

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<tr>
<th>Volunteer Service Type</th>
<th>Hours</th>
<th>Pay Equivalent</th>
<th>Atndnc</th>
<th>Persons</th>
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<td>$17,207.87</td>
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<td>Fundraisers</td>
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<td>Intergenerational Program</td>
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<td>Library</td>
<td>483.3</td>
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<td>Miscellaneous</td>
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<td>Mobile Lab</td>
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<td>Newsletter Delivery</td>
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<td>Online Selling</td>
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<td>Outreach</td>
<td>401.25</td>
<td>$8,024.99</td>
<td>88</td>
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<td>Recreation</td>
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<td>$21,568.45</td>
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<td>SHIP</td>
<td>264</td>
<td>$3,960</td>
<td>122</td>
<td>3</td>
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<tr>
<td>Shoes, Etc.</td>
<td>72</td>
<td>$576</td>
<td>29</td>
<td>2</td>
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<tr>
<td>Special Events</td>
<td>200.25</td>
<td>$1,802.25</td>
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<td>Van Driver</td>
<td>247.5</td>
<td>$2,475</td>
<td>71</td>
<td>2</td>
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<td>Wood Carvers Club</td>
<td>108</td>
<td>$1,620</td>
<td>36</td>
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<td><strong>Totals</strong></td>
<td><strong>17,579.45</strong></td>
<td><strong>$158,859.04</strong></td>
<td><strong>5,019</strong></td>
<td><strong>199</strong></td>
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</table>

We are a Volunteer Driven Machine!

- 199 individual volunteers
- ages 10-90 years old
- Provided over $158,500 of in-kind service

Through teaching classes, providing services and helping in the kitchen to helping with fundraisers. It feels good to be able to bring together 5 generations of community members in community service.

In 2015, we started the intergenerational program with Prairie Point Elementary in which 12 area seniors volunteered their time and talent to be weekly classroom readers, classroom listeners, provide living history and do STEM enrichment. This school year, we have expanded to Boulder Hill Elementary and we have 20 senior volunteers, who glow when they talk about how this program has impacted their life.

Community Businesses and Groups who gave time to OSC:

- Liberty Mutual
- Keller Williams Realty
- Happy Helpers
- OSBA
- Oswego Panthers
- Kaptain Karaoke
- St.Annes Youth
- Oswego HS
**Persons & Attendance**

<table>
<thead>
<tr>
<th>Category</th>
<th>Persons</th>
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<tbody>
<tr>
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<tr>
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<td>Volunteer Income</td>
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**Demographics**

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<td>Male</td>
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<th>Head of Household</th>
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<th>Lives Alone</th>
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**County**

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<tr>
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**Township**

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<td>Plainfield</td>
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**City**

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<tr>
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<td>Minooka</td>
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<td>Somonauk</td>
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<td>Other</td>
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*County, City, Township, Demographics and Total Event Occurrences numbers do not include VITA, SHIP & Medical Equipment.*
Nutrition

Monday & Thursday Congregate Lunch

452 people/10,100 meals
101 meal days

Through the reception of Older Americans Act Funding through Northeastern IL Agency on Aging, OSC provides lunch to 100-130 people on Mondays and Thursdays.

Tuesday Breakfast

77 people/534 meals

Breakfast is prepared by a team of volunteers on the 1st through 4th Tuesday of each month; this increased over this fiscal year from twice monthly breakfasts to four times a month. On the 1st Tuesday we have a special veterans table, however both veterans and non-veterans are welcome to all breakfasts.

Garden

The OSC Garden holds both the community garden as well as some plots tended by individual seniors. The Garden provides fresh vegetables from summer to autumn's harvest. We make these vegetables available to our community for an at-will donation in an effort to make fresh vegetables available even if there is a financial barrier.

Transportation

78 people/1,910 rides

OSC Van picks people up on lunch days to take them to the center and home again. Also, when we have volunteer driver availability we provide shopping trips on Wednesdays.

Health Screens

235 people/ 1,177 screens
77 screening opportunities

<table>
<thead>
<tr>
<th>Screen</th>
<th>Number of Screens</th>
<th>Persons</th>
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<tr>
<td>BMI Screen</td>
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<tr>
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<tr>
<td>Flu Shots</td>
<td>22</td>
<td>22</td>
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<tr>
<td>Foot Doctor</td>
<td>67</td>
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<td>Foot Screen</td>
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<tr>
<td>Glucose Screen</td>
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<td>13</td>
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<tr>
<td>Hearing Screening</td>
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<td>33</td>
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<td>Health Fair: Kidney Mobile,</td>
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<tr>
<td>Dental Screen, Blood Pressure,</td>
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<tr>
<td>Depression Screen, Cognitive</td>
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<tr>
<td>Screen, BMI, Fitness Consult,</td>
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<tr>
<td>Vision Screen</td>
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<tr>
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<td>Macular Degeneration Screen</td>
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<tr>
<td>Spinal Screening</td>
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"I worked for so many years, these are my fun years! The friendships are the best part of the center. people are so nice and friendly! And the food is good too!" - Carol E.

"I enjoy coming to Oswego Senior Center. I really enjoy playing bunco with my friends. I also like being surrounded by people while enjoying the congregate meals. it gives me the opportunity to be social." - Theresa A.
Education

795 people/2,660 interactions

553 event occurrences

- AARP Drivers Education
- Alzheimer Disease Education
- Athletico Physical Therapy, Shoulder, Neck, Spine
- ATI: Common Injuries in Aging Bodies
- Scam Awareness Day
- Brain Games
- Caregiver Education Series
- Computer Class
- Computer Lab: one-on-one education
- Conversation Group
- Cooking Class: Nutritious and Delicious
- Diabetes and You
- Doctor’s Notes: An Aging Body Education Series
- Financial Education Series
- Fit and Strong: Evidence-based Program
- Healthy Habits for Successful Living
- I on Diabetes: Evidence-based Program
- International Cooking Class
- Intro To Parkinson Disease
- Journaling
- Medical Cannabis 101
- Mobile Device Lab: one-on-one mobile device help
- Nutrition Education
- Scam Awareness
- Senior Resource Fair
- Signing Instead of Shouting
- TED Talks
- What You Need to Tell Your Kids
- Yellow Dot

SHIP

Senior Health Insurance Program

Medicare Counseling

80 people/94 sessions

Medicare Counselors educate individuals on Medicare and help Medicare recipients navigate Medicare as well as help with questions, appeals, and applications for other benefits.

Medicare Education

141 people/146 interactions

Annually we host an annual Medicare Forum that covers prominent issues as well as updates for the new year. This summer we started a monthly Medicare Discussions group, all in an effort to educate individuals about the in’s and out’s of Medicare.

Education continues to be a driving force in our rate of participation. We offer many classes and presentations that are targeted to the age 60+ population. From Financial Education that helps individuals better understand the evolving tools of the financial arena to the Dr. Notes Series which focuses on education of diseases and gives individuals the opportunity to hear from the doctor as well as get lingering questions answered. This year we started hands-on cooking classes; the International Series is a big hit—through this series we have cooked and tried foods from Africa, India, Italy, China, Sweden, France, Germany, Poland and more! Technology Education is also a big draw, through classes and one-one-one assistance, we are helping to conquer the digital divide!
Recreation

767 people
12,243 attendance
1,397 event occurrences
or opportunities for engagement

Interest

116 people/233 units
- Armchair Travels
- Art Class
- Baking Cookies
- Book Club
- Budgeting
- Car Care Aware
- Laughing For Fun
- Lunch Bunch
- Writing Group

Games

274 people/5,944 units
- Bingo
- Bridge
- Bunco
- Euchre
- Ladies Monday Bridge
- Mah Jong
- Mens Bridge
- Pinochle

Creativity

Wood Carver's Club
Monday's, 1-4 pm
Mike Noland,
Volunteer Coordinator
9 people/159 units

Woodshop
Tuesdays, Wednesdays and
Fridays, 11 am-3 pm
Dan McClusky, Volunteer
Coordinator
31 people/524 units

Ceramics
Tuesdays and Thursdays,
9 am-1 pm
Diana Hill and Kandace Keeling,
Volunteer Coordinator
16 people/317 units

Knitting & Crocheting
Wednesdays, 9-11 am
Kandace Keeling, Volunteer
Coordinator
32 people/424 units

Monthly Crafting Fun
1st Wednesday, 11 am
Alison Bikus, Symphony at The
Tiller's
17 people/41 units

Wreath Making Class
Fall 2015
Floral Expressions

Senior Singers
Fridays, 12:00
Jackie Settles and Ramona
Plock, Volunteer Coordinators
Practice: 24 people/502 units
Performance: 21 people/151 units

Exercise

Gentle Yoga:
Neeta Mohanty
Tuesdays and Fridays
74 people/1,037 units

Tai Chi:
Kristi Niedzwiecki
Wednesdays and Fridays
57 people/696 units

Line Dancing:
Mary Love
Fridays
85 people/1,209 units

Chair Exercise:
By video
Mondays and Thursdays
12 people/118 units

Bean Bag Baseball:
Team Name: Old Bags, New
Tricks, Kendall County
Senior League, Wednesdays
18 people/373 units

Bean Bag Toss:
Mondays and Thursdays
20 people/261 units

Library

Over 3,400 books

"I love volunteering in the
library at Oswego Senior
Center, it is very ful-
filling, I look forward to
coming every week to
work. I also like coming in
for the lunches, the food is
good and at a great price!"
-Terrie H.
Travel: 20 trips
268 travelers / 338 trips

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<th>Persons</th>
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<tr>
<td>Day Trips</td>
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<td>Irish American Heritage Center</td>
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<td>Kuipers Family Farm</td>
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<tr>
<td>Lake Geneva Boat</td>
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<td>Macy’s Walnut Room</td>
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<td>Miami &amp; Key West</td>
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<td>Canada: Montreal - Quebec</td>
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<tr>
<td>Morton Arboretum</td>
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<td>Nashville</td>
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<td>New York City</td>
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<tr>
<td>Polish Downtown</td>
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VITA

190 Tax Returns
prepared by 5 trained volunteers

VITA: Volunteer Income Tax Assistance program is a free tax return program for persons with incomes below $55,000. It is through the dedication of the trained volunteers that we were able to serve so many people this past tax season, February - mid-April 2016.

Special Events: 14 events

- Ladies Luncheon
- Spring Art and Craft Fair
- KCSP Progressive Tour & Fair
- Fashion Show
- Polka Dinner and Dance
- Culinary Expo: Small Bites
- Health fair
- Holiday Art and Craft Fair
- New Year’s Eve Lunch
- Valentine Dinner Dance
- Murder Mystery Dinner
- Fun Fair
- Hoedown - Spring and Fall

OSC's Conversations

Podcast: 8 recordings

OSC Executive Director hosts a podcast called OSC's Conversations. This podcast takes two avenues, conducting interviews with seniors about their life and conducting interviews with professionals about issues important to aging. Past recordings include, Deputy Dial of Kendall County Sheriff's Office, Det. Patrick Wycik of Oswego Police Department, Rick Law of Law Elder Law as well as senior interviews with Rich Piscarik, Jim Patowski, Gary Tollaksen, Francis Verde, and Dick Mettel.

Listen to past podcasts on:
www.oswegoseniorcenter.org

“it's a stress reliever to come here - whatever issues you're dealing with aren't here!" - Anne

Gift Shop

The OSC Gift Shop is open on Mondays and Thursdays, during lunch hours, and for special events. The Gift Shop helps to raise funds for OSC while providing low cost goods to the community.
Community Partners

Northeastern Illinois Agency on Aging: Provides financial support through grants, community support and guidance on policy and practices regarding the aging population.

Village of Oswego: Provides financial support and community support. Attends OSC’s Advisory Council.

Oswego Township: Provides financial support and community support.

Kendall County (Senior Tax Levy): Provides financial support and community support.

Oswego School District 308: Provides facility at a very low rent and community support. Also, we have created an intergenerational program at Prairie Point Elementary School and Boulder Hill Elementary School. Moreover, Opportunity School and GOAL students volunteer at OSC.

Rush-Copley Medical Center: Provided a $2,500 gift to OSC. Rush-Copley provides many health related speakers for many of our programs, including the Caregiver Education Series, Doctor’s Notes, and other health education. They too are an invested collaborative partner in Healthy Habits for Successful Living, providing dieticians and fitness professionals to teach classes. Attends OSC’s Advisory Council.

The Grove: Provided a $3,000 Oak-tree level sponsorship, and sponsored the raised garden beds for our garden as well as called bingo.

Alden of Waterford: Provided a $1,000 Maple-tree level sponsorship, health screens, cooking class, and more.

Asbury Gardens: Provided a $1,000 Maple-tree level sponsorship, and other sponsorships and initiatives for OSC as well as help for many events. Attends OSC’s Advisory Council.

Bridgeview Bank: Provided a $1,000 Maple-tree level sponsorship, and other sponsorships and initiatives for OSC as well as help for many events. Sits on OSI board, attends OSC’s Advisory Council.

Hillside Rehab and Care: Provided a $1,000 Maple-tree level sponsorship. Hillside has partnered with us to provide the Doctor’s Notes Series which provides health/disease education, question and answer and lunch for participants.

Law Elder Law: Provided a $1,000 Maple-tree level sponsorship, attends OSC’s Advisory Council and presented on Medicare and Life Planning.

Symphony at The Tillers: Provided a $1,000 Maple-tree level sponsorship. Provides sponsorships for birthday recognition. Also, facilitates a craft class.

Culver’s Restaurant: Provided a fundraiser for OSC.

Heritage Woods of Yorkville: Provided a $500 Elm-tree level sponsorship, and other sponsorships and initiatives for OSC as well as help for many events.

A Place for Mom: Provided a $250 Dogwood-tree level sponsorship, as well as a What you Need to Tell Your Kids education series.

Meijer: Partner in the Healthy Habits for Successful Living collaboration, provides staff dieticians to do grocery store tour. Also provides sponsorships.

Target: Provides sponsorships and bags for gift shop.

Kendall County Health Department: KCHD provides education through the Caregiver Education Series as well as facilitating a monthly Caregiver Support group on site. Also, KCHD has been an invested collaborative partner with the Healthy Habits for Successful Living Program as well as teaching hands-on nutrition oriented cooking classes.

University of IL Extension Program: This program helps us accomplish much of our nutrition education by providing a dietician to teach seniors. Programs include Heart Healthy and I on Diabetes. They have been a much invested partner in the Healthy Habits for Successful Living collaboration since its inception. They also teach nutrition-based hands-on cooking classes.

Jennings Terrace Senior Living: Provides sponsorships for many senior center events. Diane Beukelman helps with many events and serves as the secretary for the OSC Advisory Council.

Oswego Police Department: Collaborated with OSC for Annual Scam Awareness day, attends OSC’s Advisory Council, makes various presentations at lunches.

Kendall County Sheriff’s Department: Provide scam awareness presentations, attends OSC’s Advisory Council, and completed a podcast.

Oswego YMCA: Provides space for Bean Bag toss and Line Dancing Class. Community Events and Awareness.

Lions Club: Hearing and vision screening (alternate each year)

Wedgewood Manor Senior Living: Provides sponsorships for senior center events.

Bickford Senior Living: provides satellite site for Journaling group.

Senior Services Associates, Inc.: SSA provides Elder Abuse education through the Scam Awareness Day. Also, we refer many seniors and families in need of social services to SSA.
Health Screen Partners: Affordable Hearing Solutions, Alden of Waterford, ATI, Autumn Leaves, Best IL Home Healthcare, Brenart Eye Clinic, Cornerstone, Cornish Chiropractic, Downtown Dental, HarborChase, Hillside, Hearing Health Center, Fox Foot and Ankle Center, Kendall County Health Department, Kidney Mobile, Lions Club, Oswego Common Family Dental, Resilience, Sam's Club Hearing Center, Stonehill Dental, Valerie Home Health, VCP Home Healthcare, Vital Wellness, VNA, Walgreen’s, YMCA of Oswego

Caregiver Education Series: Autumn Leaves of Oswego, Heritage Woods of Yorkville, Jennings Terrace, Kendall County Health Department—Transitions Program, Resilience Home Health Care, Senior Star at Weber Place, Transitions Hospice

Dr. Notes Education Series: Castle Orthopedic—Dr. Schinsky, Dr. Liza Saviano, Hillside Rehab & Care, Fox Valley Cardio, Kendall County Health Department, TCP Chiro, Rush Copley Medical Center—Dr. Kevin Kelly and Christopher Crank

Education: A Place for Mom, AARP, Asbury Gardens, Athletico, ATI, Cresco Labs, Illinois Comptroller's Office, HarborChase, Jewel-OSco Pharmacy, Keith’s Car Care, Kendall County Health Department, Law Elder Law, University of Illinois Extension

Financial Education Series: Edward Jones (Office of David Erickson), LeClercq Financial Services, I.L.L., Bridgeview Bank, Murphy and Associates, CPA

Healthy Habits for Successful Living: This is a collaborative class that was developed in 2012 to help people lose weight by becoming aware of lifestyle changes that can improve health. Kendall County Health Department, Rush-Copley Healthplex, Rush-Copley Medical Center, Meijer, University of Illinois Extension

Medicare Forum: Asbury Gardens, Law Elder Law, Northeastern Illinois Agency on Aging, Rush-Copley Medical Center, Trinity Advocacy Group

Scam Awareness: This year, we covered scams in three ways, at our annual Scam Awareness Day in May with, Illinois Comptroller’s Office, Kendall County Sheriff’s Office, Oswego Police Department, Senior Services Associates, State’s Attorney office—Eric Weis with lunch provided by Autumn Leaves; scasonal congregate lunch presentations; and a podcast with the Kendall County Sheriff’s Office and Oswego Police Department.

Benedictine University Student Dieticians: Provide nutrition education.

Panera: Provide bakery goods available at Congregate Lunch Program on Mondays and Thursdays.

Bean Bag Baseball: In 2010, we started a Bean Bag Baseball League in Kendall County and it has grown from just OSC and Beecher Center (SSA) to include, Diamond Apartments, Cedar Lake Village, and Plum Landing.

Bingo: Bridgeview Bank, Dan Lane, Physician’s Immediate Assistance, Senior Solutions, Symphony at the Tiller’s, The Grove, Presence Fox Knoll

Madeline Holstrom, Certified Advanced Laughter Leader: Volunteered her services once a month to provide laughter yoga.

Cross Lutheran Church: OSC made a presentation to their senior group.

Senior Health Insurance Program (SHIP): SHIP site with four certified and active SHIP counselors.

Kendall County Senior Provider Group: We are a member of this provider group for networking and visibility with in the community.

Association of IL Senior Centers: We are a member of this group for networking, visibility and to attend educational sessions to help us better our services.

Aurora University’s Community Leaders Group and Active Adult Committee (through AU’s Institute for Collaboration): We are an invited member to this group, provides networking and visibility in the community among community leaders of different genres.

Aurora University Graduate School of Social Work Interns: OSC host two social work interns during the academic year.

Eastern Illinois University, Recreation Therapy: OSC hosted a summer student intern.

Concordia University: OSC supervised a Masters of Gerontology intern.

Special Event Sponsorships: Edward Jones—Office of David Erickson, Meijer, Target, Bright Oaks Senior Living, Heritage Woods of Yorkville, Asbury Gardens, Physicians Immediate Care, Wedgewood Manor, Olive Garden (Oswego), Panera (Oswego), Rosati’s (Mason Square), Chik-fil-A, Giordano’s, Wrigley’s Candy

Culinary Expo: Alden of Waterford, Asbury Gardens, Autumn Leaves, Bickford Senior Living, Heritage Woods of Yorkville, Fruitful Yield, Jennings Terrace, Plum Landing, Symphony at the Tiller’s, The Olive Gallery

Chili’s Restaurant: Provided a fundraiser for OSC.

Andy’s Custard: Provided frozen custard for events.

Lou Malnati’s: Provided gift certificates for sponsorships.
OSC Gives Back

While OSC, a 501c3, is usually is on the receiving end of donations, drives and such, we do also give back to the community in a variety of ways beyond our programs and services.

Intergenerational Program

OSC has partnered with School District 308's Prairie Point Elementary and Boulder Hill Elementary to provide senior volunteers to be classroom readers, listeners and living history as well as STEM enrichment activities. Currently there are 20 senior volunteers.

Opportunity School

- Back to School Supply Drive
- Secret Santa Gift Shop
- Jobs for students in Congregate lunch program

Mutual Ground, Cell-Phone Collection

OSC collects used cellphones for Mutual Ground, so they can provide them as emergency phones to victims of domestic violence.

Lions Club Glass Bin

OSC collects eyeglasses for the Lions Club.

Kendall County Community Food Pantry

OSC has a food collection bin, which is regularly taken to the pantry by volunteers.

Box Tops

OSC collects box tops for Prairie Point Elementary.

Senior Singers

Visit local senior living facilities to entertain them through choral arrangements.

Shoe Drive

OSC collects shoes for third world countries.
VNA Home Health

Hospitals have their place in the health care system, but most patients agree: Being at home is far better

That's why VNA Health Care delivers the medical treatment you need... in the comfort and convenience of your home.

VNA Home Health Care provides a registered nurse to:
- Make regular visits to your home to provide care
- Coordinate the services you need from other health care providers, including the doctors, therapists, social workers and nurse aides
- Keep you, your family, and your doctor informed about your progress and care plan

VNA Home-Based Health Services Include:
- VNA HouseCalls®... home visits by a doctor or nurse practitioner to provide the same primary care services you can receive in a doctor's office
- Home Health Care... In-home skilled medical care for homebound patients
- Tele-monitoring... daily monitoring of your vital signs as part of your Home Health plan of care
- Bridge Home Health Care... extra care for a major illness
- Hospice Care... comfort care for the final stages of terminal illness

Our Intake Team will answer your questions or you can ask your doctor's office to call VNA to arrange for service
(630) 482-8138

www.vnahealth.com
Atención Médica en el Hogar de VNA

Los hospitales tienen su lugar en el sistema de atención de la salud, pero la mayoría de los pacientes están de acuerdo: Estar en casa es mucho mejor.

Por eso Atención Médica en el Hogar de VNA provee el tratamiento médico que necesita...en el la conveniencia y la comodidad de su hogar.

Atención Médica en el Hogar de VNA ofrece un enfermero certificado para:

- Realizar visitas periódicas a su casa para proveer atención
- Coordinar los servicios que necesite de otros proveedores de atención médica, incluyendo los doctores, terapeutas, trabajadores sociales, y auxiliares de enfermería
- Mantener a usted, su familia y su médico informado sobre su progreso y el plan de atención

El área de servicios de salud basados en el hogar de VNA:

Usted puede pedir en la oficina de su médico que llamen a VNA para organizar servicio al (630) 482-8138. Para asistencia en español por favor llame al 630-892-4355.
VNA Hospice

When it's time to accept that your loved one's illness cannot be cured... VNA has ‘something more’ to offer.

VNA Hospice helps patients and their families address all sides of a terminal illness...the physical, spiritual, social, psychological, and practical.

Hospice patients are in the final stages of an illness...yet may have many months to enjoy a higher quality of life once aggressive treatment is stopped.

VNA Hospice Care is...

- For patients who no longer desire curative or aggressive treatment
- For patients who desire comfort care focused on relief of pain and other symptoms
- Individuals seeking social, emotional, or spiritual support
- Delivered primarily in the home, with services available at certain long-term care facilities
- Available to patients of any age or any terminal diagnosis

Most insurance plans pay for hospice care. Medicare and Medicaid plans cover the cost of hospice visits, pain and symptom control medication, and medical equipment rentals. Coverage may also include respite care and inpatient hospital care.

VNA Home-Based Health Services include:

- VNA HouseCalls®... home visits by a doctor or nurse practitioner to provide the same primary care services you can receive in a doctor’s office
- Home Health Care... In-home skilled medical care for homebound patients
- Tele-monitoring... daily monitoring of your vital signs as part of your Home Health plan of care
- Bridge Home Health Care... extra care for a major illness
- Hospice Care... comfort care for the final stages of terminal illness

Our Intake Team will answer your questions or you can ask your doctor’s office to call VNA to arrange for service:
(630) 482-8138

www.vnahealth.com
Hospicio de VNA

Cuando es el momento de aceptar que la enfermedad de un ser querido no se puede curar... VNA tiene “algo más” que ofrecer.

El Hospicio de VNA ayuda a los pacientes y a sus familias hacer frente a todas las partes de una enfermedad terminal...la física, espiritual, social, psicológica y práctica.

Los pacientes de hospicio están en las etapas finales de una enfermedad... pero puede tener muchos meses para disfrutar de una mejor calidad de vida una vez que el tratamiento agresivo se detiene.

Cuidado de Hospicio VNA es...

- Para los pacientes que ya no desean el tratamiento curativo o agresivo
- Para los pacientes que desean cuidado centrado en el alivio del dolor y otros síntomas
- Para las personas que buscan apoyo social, emocional o espiritual
- Principalmente proveído en el hogar, con servicios disponibles en ciertas instalaciones de cuidado a largo plazo
- Disponible para los pacientes de cualquier edad o cualquier diagnóstico terminal

La mayoría de los planes de seguro pagan por el cuidado de hospicio. Los planes de Medicare y Medicaid cubren el costo de las visitas de cuidados paliativos, el medicamento para el dolor y de control de los síntomas, y el alquiler de equipos médicos. La cobertura también puede incluir el cuidado durante el descanso de la familia y los servicios de hospitalización.

Usted puede pedir en la oficina de su médico que llamen a VNA para organizar servicio al (630) 482-8138. Para asistencia en español por favor llame al 630-892-4355.

www.vnahealth.com
My Nurse Navigator® can help you manage your complex healthcare needs

My Nurse Navigator® is a program for patients with multiple health issues who may be under the care of more than one provider. It’s like having a nurse in your family to help you when healthcare gets complicated.

The My Nurse Navigator® team will:

- Talk with your primary care provider, your specialists and other healthcare providers
- Keep you on track with a care plan
- Teach you about your medical conditions and symptoms
- Help you learn to manage multiple medications
- Find other community resources and programs to help with your needs

Payment:
Depending on your primary insurance plan and supplemental coverage, you may be billed for a portion of the services provided by My Nurse Navigator®. VNA accepts Medicare Part A & B (must have both) and Aetna Better Health, Blue Cross Community, Harmony, and Illinois Health Connect Medicaid Health Plans and some private insurance plans.

Talk to a member of the My Nurse Navigator® team at (630) 892-4355, ext. 8094 or email lbarrett@vnahealth.com.

VNA Health Care
www.vnahealthcare.com
My Nurse Navigator® puede ayudarle a manejar sus necesidades de salud complejas

El My Nurse Navigator® es un programa para pacientes con múltiples problemas de salud que pueden estar bajo el cuidado de más de un proveedor. Es como tener una enfermera en su familia para ayudarle cuando el cuidado de su salud se complica.

Su equipo de My Nurse Navigator®:

- Hablará con su proveedor de cuidados primario, su especialista y otros proveedores del cuidado de la salud
- Lo mantendrá encarrilado con un plan de cuidados
- Le enseñará sobre su condición médica y sus síntomas
- Le ayudará a aprender a administrar múltiples medicamentos
- Encontrará otros recursos y programas comunitarios para ayudarle con sus necesidades

Pago:
Dependiendo de su plan de seguro primario y suplemento de cobertura, quizá se le facture una porción de los servicios proporcionados Por el My Nurse Navigator®. El VNA acepta Medicare Parte A y B (debe tener ambas) y Aetna Better Health, Blue Cross Community, Harmony, y planes de salud Illinois Health Connect Medicaid y algunos planes de seguro privado.

Hable con un miembro del equipo de My Nurse Navigator® al: (630) 892-4355, ext. 8094 o lbarrett@vnahealth.com

VNA Health Care
www.vnahealthcare.com
SHIP assistance is free and offered at

400 N. Highland Avenue in Aurora and
801 Villa Street in Elgin, by appointment only.

For an appointment, please call (630) 978-2532, ext. 8156.

You may e-mail questions to ship@vnahealth.com.

VNA Health Care has counselors certified through the State of Illinois’ Senior Health Insurance Program (SHIP) to help you with your Medicare Questions

Our volunteer counselors can give you free assistance with:
- Enrolling in Medicare
- Medicare-related plans, such as supplemental, prescription drug insurance, etc.
- Medicare bills
- Your rights

www.vnahealth.com
400 N. Highland Ave, Aurora, IL 60506
Asistencia SHIP es gratuita y se ofrece en
400 N. Highland Avenue en
Aurora y
801 Villa Street en Elgin,
por solamente con cita.

Para hacer una cita, llame al
(630) 978-2532, ext. 8156.

Puede enviar preguntas por correo electrónico a
ship@vnahealth.com.

VNA Health Care TIENE
counsellos certificados por
el Programa de Seguro de
Salud para Personas Mayores
del Estado de Illinois (SHIP)
para ayudar con sus preguntas

Nuestros consejeros voluntarios pueden dar asistencia gratuita con:
• La inscripción en Medicare
• Planes relacionados con Medicare, tales como suplementario, seguro de prescripción medicamentos, etc
• Facturas de Medicare
• Sus derechos

www.vnahealth.com
400 N. Highland Ave. Aurora, IL 60506
Medicare Patients: Why you should use VNA Health Care

Healthcare at home and VNA Clinics

VNA offers:
- VNA’s My Nurse Navigator® program for patients with multiple health issues matches up patients with their own nurse to coordinate their care
- VNA HouseCalls- primary care comes to you!
- Discounts at VNA Pharmacy* when you are a VNA patient
- 9 convenient locations
- Same-day appointments available
- On-site lab at all locations
- Step by Step Wellness/Diabetes education classes
- Assistance with Medicare application and questions

*VNA Pharmacy is located at 400 N. Highland Avenue in Aurora

VNA accepts Medicare part A & B (must have both) and Blue Cross Blue Shield PPO Plus Supplementary or Secondary Health Plan for patients with both Medicare Part A & B as primary

VNA also accepts Medicaid/Medicare dual eligible patients (MMAI Health Plans)

(630) 892-4355 or (847) 717-6455

VNA Health Care
www.vnahealthcare.com

AURORA
400 N. Highland Ave.
M-Th 8:00 a.m. - 8:00 p.m.
F, Sat 8:00 a.m. - 4:00 p.m.
Sun 12:00 p.m. - 4:00 p.m.

AURORA
1400 Indian Ave.
M & W 8:00 a.m.-8:00 p.m.
T, Th, F Sat 8:00 a.m.-4:00 p.m.

BENSENVILLE
28 York Rd.
M 8:00 a.m. - 8:00 p.m.
T, Th, F 8:00 a.m. - 4:00 p.m.
W 12:00 p.m. - 8:00 p.m.
Sat 8:00 a.m. - 12:00 p.m.

BOLINGBROOK
Adventist Bolingbrook Hospital
396 Remington Blvd., Ste 230
M 8:00 a.m. -8:00 p.m.
T-F 12:00-8:00 p.m.
Sat 8:00 a.m.-4:00 p.m.
Sun 12:00-4:00 p.m.

CAROL STREAM
350 Schmale Rd, Ste 150
M 8:00 a.m. - 4:00 p.m.
T 8:00 a.m. - 8:00 p.m.
W 8:00 a.m. - 4:00 p.m.
Th 12:00 p.m. - 8:00 p.m.
F 8:00 a.m. - 4:00 p.m.
Sat 8:00 a.m. - 12:00 p.m.

ELGIN
801 Villa St.
M, Th-Sat 8:00 a.m. - 4:00 p.m.
T, W 8:00 a.m. - 8:00 p.m.

ELGIN
620 Wing St.
M 8:00 a.m. - 8:00 p.m.
T-F 8:00 a.m. - 4:00 p.m.

JOLIET
2400 Glenwood Ave, Ste 210
M, W 8:00 a.m. - 8:00 p.m.
T, Th, F 8:00 a.m. - 4:00 p.m.
Sat 8:00 a.m. - 12:00 p.m.

ROMEOVILLE
160 Independence Blvd.
M, Th 8:00 a.m. - 8:00 p.m.
T, W, F 8:00 a.m. - 4:00 p.m.
Sat 8:00 a.m. - 12:00 p.m.
Pacientes de Medicare: Porqué usted debería usar el VNA Health Care

El VNA ofrece:
- El programa “My Nurse Navigator®” del VNA para pacientes con multiples problemas de salud conecta al paciente con su propia enfermera para coordinar su cuidado
- VNA HouseCalls- ¡la atención primaria viene a usted!
- Descuentos en la farmacia del VNA * cuando usted es un paciente del VNA
- 9 convenientes ubicaciones
- Citas disponibles el mismo día
- Laboratorio en todas las ubicaciones
- Bien estar paso a paso/Clases de educación sobre la diabetes
- Asistencia con solicitudes y preguntas del Medicare

*La farmacia del VNA se encuentra en 400 N. Highland Avenue en Aurora

El VNA acepta Medicare parte A y B (debe tener ambas) y Blue Cross Blue Shield PPO Plus suplementario o planes de salud secundarios para pacientes con Medicare Parte A y B como el primario
El VNA también acepta pacientes elegibles duales de Medicaid/Medicare (Planes de Salud MMAI)

(630) 892-4355 o (847) 717-6455

VNA Health Care
www.vnahealthcare.com

AURORA
400 N. Highland Ave.
lun-jue 8:00 a.m. - 8:00 p.m.
vie, sab 8:00 a.m. - 4:00 p.m.
dom 12:00 p.m. - 4:00 p.m.

AURORA
1400 Indian Ave.
lun & mie 8:00 a.m.-8:00 p.m.
mar, jue, vie, sab 8:00 a.m.-4:00 p.m.

BENSENVILLE
28 York Rd.
lun 8:00 a.m. - 8:00 p.m.
mar, jue, vie 8:00 a.m. - 4:00 p.m.
mie 12:00 p.m. - 8:00 p.m.
sab 8:00 a.m. - 12:00 p.m.

BOLINGBROOK
Adventist Bolingbrook Hospital
396 Remington Blvd., Ste 230
lun 8:00 a.m.-8:00 p.m.
mar-jue 12:00-8:00 p.m.
sab 8:00 a.m.-4:00 p.m.
dom 12:00-4:00 p.m.

CAROL STREAM
350 Schmale Rd, Ste 150
lun 8:00 a.m. - 4:00 p.m.
mar 8:00 a.m. - 8:00 p.m.
mie 8:00 a.m. - 4:00 p.m.
 jue 12:00 p.m.- 8:00 p.m.
vie 8:00 a.m. - 4:00 p.m.
sab 8:00 a.m. - 12:00 p.m.

ELGIN
801 Villa St.
lun, jue-seb 8:00 a.m. - 4:00 p.m.
mar, mie 8:00 a.m. - 8:00 p.m.

ELGIN
620 Wing St.
M 8:00 a.m. - 8:00 p.m.
mar-vie 8:00 a.m. - 4:00 p.m.

JOLIET
2400 Glenwood Ave, Ste 210
lun, mie 8:00 a.m. - 8:00 p.m.
mar, jue, vie 8:00 a.m. - 4:00 p.m.
sab 8:00 a.m. - 12:00 p.m.

ROMEOVILLE
180 Independence Blvd.
lun, jue 8:00 a.m. - 8:00 p.m.
mar, mie, vie 8:00 a.m. - 4:00 p.m.
sab 8:00 a.m. - 12:00 p.m.